

JANUARY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1st Jan	2nd Jan	3rd Jan	4th Jan	5th Jan
		Cheese bread sandwich Hot Milk Dum Aaloo- Roti Dal - Rice -Salad	Sprout Pulses Tulsi Sudha Bhindi Masala - Roti Pulav-Chass	Tulsi Sudha Sev usal Roti- Fulawar Tomato vatana sabji Dal fry - Jeera Rice	Veg. Paratha Dahi Veg. Pulav Aachar
7th Jan	8th Jan	9th Jan	10th Jan	11th Jan	12th Jan
Tomato Soup Poha Idli Mendu vada Sambhar & Chutney	Manchow Soup Hara Bhara Kabab Bhakhri-tomato Sabji Khichdi- Kadhi	Fruit Salad Roti- MoonSabji Punjabi Pakoda Kadhi Veg. Pulav - Salad	Jaljeera Sev Khamni Chole - Puri Biryani Raita	Lemon Juice Papadi chat Roti-Suki bhaji Rajma Dal -Rice Gajjar Ka Halwa	Manchurian Fried Rice
14th Jan	15th Jan	16th Jan	17th Jan	18th Jan	19th Jan
		Pineapple juice Mumbai Bhel Paratha-Paneer Tikka Masala Dal tadka-Jeera Rice	Masala Milk Vada Roti- Mix Veg. Dal-Rice	Lemon Juice Poha Roti- Besan Gatha Dal - Rice Fryms/Papad	Bufma Batti Dal Panchkuti Rice Salad Garlic Chutney
21nd Jan	22nd Jan	23rd Jan	24th Jan	25th Jan	26th Jan
Sweet corn soup Dhokla Methi Ke Parthe Sev tomato Kadhi Khichdi	Sharbat Methi Pakode Roti Bhindi Masala Rice Dal Salad	Soup Uttapam Roti-Desi Channa Rice Guajrati Kadhi Papad	Tulsi Sudha Upma Aaloo Paratha Dahi Biryani	Kesar Milk Basket Chaat Roti- Suff Veg. Dal - Jeera Rice	
28th Jan	29th Jan	30th Jan	31st Jan		
Lemon Juice Bread Butter Jam Pav Bhaji Pulav Salad	Jal jeera Dal Vada- Chutney Roti Corn Capsicum Sabji Salad	Tomato Soup Samosa Bhakhri-Mix Veg. Khichdi- Kadhi Aachar	Kesar Milk Puff Veg. Paratha-Dahi Biryani- Aachar		